

SIZE CHART

Who: Have a partner measure you.

Attire & Posture: Underwear only; heels together.

How: Measure around the bottom of the pubic bone and fullest part of your hips and bottom.

Fit: Snug against the skin, but not tight.



All products measured the same way

SIZE	CM	AUS Size	US Pant Size
XXXXS	79-83	4	0
XXS	84-88	6	0
XS	89-93	8	2
S	94-98	10	4
M	99-104	12	6
L	105-112	14-16	8-10
XL	113-121	16-18	12-14
XXL	122-130	20	16
XXXL	131-138	22	18

SRC Recovery garments - measure from 36 weeks.

For all other garments - measure anytime.